



TASTY MAINS

- MONDAY**
Quorn Mince Chilli, Sour Cream, Salsa & Guacamole
- TUESDAY**
Local Butcher Sausages & Onion Gravy
- WEDNESDAY**
Classic Lamb Lasagne, Parmesan Cheese
- THURSDAY**
Chicken Tikka Masala & Mini Naan
- FRIDAY**
Jumbo Baked Cod Fingers, Homemade Tartare Sauce



veggie LOVERS

- MONDAY**
Vegan Pulled Oumph Chilli, Sour Cream, Salsa & Guac
- TUESDAY**
Vegetarian/Vegan Sausages & Onion Gravy
- WEDNESDAY**
Quorn Lasagne Verdi, Parmesan Cheese
- THURSDAY**
Vegan Oumph Tikka Masala & Mini Naan
- FRIDAY**
Folded Flatbread Pizza Pockets

ON THE SIDE

- MONDAY**
Braised 50/50 Rice
Steamed Broccoli
Sweetcorn
- TUESDAY**
Roast New Potatoes
Glazed Carrots
Garden Peas
- WEDNESDAY**
Homemade Garlic Bread
Steamed Broccoli
Winter Garden Salad
- THURSDAY**
Pilau Rice
Green Beans
Sweetcorn
- FRIDAY**
Wedges
Garden Peas
Baked Beans

Glorious Food

Light Bites

- MONDAY**
Baked Potato, Beans & Cheese
- TUESDAY**
Tomato Basil & Red Lentil Pasta Bake
- WEDNESDAY**
Baked Potato, Mild Soya Chilli & Cheese
- THURSDAY**
Red Pesto & Spinach Penne Pasta
- FRIDAY**
Baked Potato, Tuna & Cheese

DESSERTS

- MONDAY**
Winterberry Sundae
Fresh Fruit & Fruit Yoghurt
- TUESDAY**
Lemon Drizzle
Fresh Fruit & Fruit Yoghurt
- WEDNESDAY**
Pear & Blackberry Crumble & Custard
Fresh Fruit & Fruit Yogurt
- THURSDAY**
Longclose Trifle
Fresh Fruit & Fruit Yogurt
- FRIDAY**
Organic Fruit & Veg Lollies
Fresh Fruit & Fruit Yogurt

THIS Weeks MENU

Week commencing 15 November and 6 December

PICK & MIX SALADS AVAILABLE DAILY



TASTY MAINS

- MONDAY**
Flaked Salmon Penne, Parmesan
- TUESDAY**
Jamaican Jerk Chicken Wrap
- WEDNESDAY**
Slow Cooked Lamb Balti, Mango Chutney & Mint Raita
- THURSDAY**
Mexican Chicken Loaded Nachos
- FRIDAY**
Peri Peri Chicken Brioche Burger



veggie LOVERS

- MONDAY**
Pulled Oumph Topped Mac n Cheese
- TUESDAY**
Frys Meat Free Jerk Chicken Wrap
- WEDNESDAY**
Quorn & Spinach Balti, Mango Chutney & Mint Raita
- THURSDAY**
Aubergine Parmigiana, Basil, Oregano & Tomato
- FRIDAY**
Spicy Bean Brioche Burger

ON THE SIDE

- MONDAY**
Penne Pasta
Roasted Broccoli
Winter Salad
- TUESDAY**
Glazed Carrots
Garden Peas
New Potatoes
- WEDNESDAY**
Pilau Rice
Green Beans
Roasted Carrot & Cumin
- THURSDAY**
Thyme Roasted Potatoes
Wilted Greens
Roast Carrots & Parsnips
- FRIDAY**
Potato Wedges
Garden Peas
Baked Beans

Glorious Food

Light Bites

- MONDAY**
Baked Potato, Beans & Cheese
- TUESDAY**
Cherry Tomato, Ricotta & Pesto Penne
- WEDNESDAY**
Baked Potato, BBQ Beans & Cheese
- THURSDAY**
Roasted Tomato & Red Lentil Pasta Bake
- FRIDAY**
Baked Potato, Mexican Chicken & Sour Cream

DESSERTS

- MONDAY**
Cinnamon Apple Slice
Fresh Fruit & Fruit Yoghurt
- TUESDAY**
Chocolate Sponge
Fresh Fruit & Fruit Yogurt
- WEDNESDAY**
Pear & Blackberry Oat Crumble & Custard
Fresh Fruit & Fruit Yogurt
- THURSDAY**
Satsuma Jelly Pot
Fresh Fruit & Fruit Yoghurt
- FRIDAY**
Longclose Mess
Fresh Fruit & Fruit Yogurt

THIS Weeks MENU

Week commencing 22 November and 13 December

PICK & MIX SALADS AVAILABLE DAILY



TASTY MAINS



veggie LOVERS

ON THE SIDE

Light Bites

DESSERTS

MONDAY
Classic Lamb Bolognese
Garlic Bread

TUESDAY
Mild Chicken Korma

WEDNESDAY
Spiced Lamb n Bean Chilli,
Sour Cream, Salsa, Nachos

THURSDAY
Moroccan Chicken
Naanwich

FRIDAY
Breaded Fish of the Day,
Homemade Tartare Sauce

MONDAY
Quorn Bolognese
Garlic Bread

TUESDAY
Chickpea & Spinach
Korma

WEDNESDAY
Pulled Oumph, lime &
Coriander Chilli with
Nachos

THURSDAY
Spiced Quorn Donner
Naanwich

FRIDAY
Spinach & Chickpea
Falafel

MONDAY
Pasta Shells
Steamed Cauliflower
Roasted Carrots

TUESDAY
Bombay Potatoes
Broccoli
Garden Peas

WEDNESDAY
Mexican Rice
Green Beans
Charred Corn

THURSDAY
Cajun Potatoes
Sweetcorn & Peppers
Coleslaw

FRIDAY
Chips
Garden Peas
Baked Beans

MONDAY
Baked Potato, Moroccan
Falafel, Spiced Tomato
Sauce

TUESDAY
Penne Pasta, Winter
Vegetable Ragu

WEDNESDAY
Baked Potato, Mexican
Chicken

THURSDAY
Roasted Tomato, Basil &
Red Lentil Penne Pasta

FRIDAY
Baked Potato, Baked
Beans & Cheese

MONDAY
Apple & Cinnamon
Crumble & Custard,
Fresh Fruit & Fruit Yogurt

TUESDAY
Vegan Fruit Jelly
Fresh Fruit & Fruit Yogurt

WEDNESDAY
Spiced Apple Sponge
Fresh Fruit & Fruit Yogurt

THURSDAY
Greek Yogurt &
Blackberry Sundae
Fresh Fruit & Fruit Yogurt

FRIDAY
Ice Cream Pots
Fresh Fruit & Fruit Yogurt

THIS Weeks MENU

Week commencing 29 November

PICK & MIX SALADS AVAILABLE DAILY